

RIDE ARKANSAS' WORLD-CLASS TRAILS.

FLOW STATE

A RKANSAS IS THE MOUNTAIN BIKING CAPITAL OF THE WORLD, and we challenge anyone to prove otherwise. Riders from Durango, Moab and Crested Butte are making their way to The Natural State for one obvious reason — the trails, which are expanding at a rate of two miles a week. **BENTONVILLE** is the headquarters of the whole scene, but unrivaled rides and one-of-a-kind events can be found at all four corners of the state. Choose from epic singletrack, fantastic road routes and memorable gravel travels.



MOUNTAIN BIKING

OZARK MOUNTAINS

NORTHWEST ARKANSAS is the “Land of OZ,” a 250-mile singletrack theme park carved into the Ozark Mountains. What makes it unique? Noah Collins, cycling coach, rider, racer and event organizer for Bike Bentonville explains. “It’s the diversity of the trails,” he says. “Kids can ride, beginners can ride, experts racing 20 years-plus — they can all find something they enjoy.”

As a Colorado native, he understands the appeal more than most, noting that trail accessibility is also a big part of what makes Northwest Arkansas special and family friendly. “In Colorado, the really cool trails are at altitude,” Noah says. “It doesn’t matter how easy the trail might be. It’s just hard, period. Here, the trails are really flowy. They are inviting. It’s a big difference.”

Recently named “Best Mountain Biking in the U.S.” by Outside Magazine, **ARKANSAS’ MONUMENT TRAILS** should be at the top of your destination list. Open to

hikers and runners as well, these world-class routes were crafted by renowned trail builders and highlight some of the most majestic views and terrain as well as historical sites in the state.

The Ozarks are home to two Monument Trails. Find them at **HOBBS STATE PARK** in **ROGERS** and **DEVIL’S DEN STATE PARK** in **WINSLOW**. You’ll also find plenty of opportunities to ride the aforementioned OZ Trails in the area. Head to **CENTENNIAL PARK** in **FAYETTEVILLE**, a city that is designated as an IMBA Ride Center. Further north in **BELLA VISTA**, visit **BACK 40** and **LITTLE SUGAR** — known for swift descents and gorgeous waterfall views. In Bentonville, be sure to check out **COLER MTB PRESERVE**, where you can bike as well as camp and have your morning fuel at Airship Coffee. Follow alongside the Razorback Regional Greenway and weave through public art at Crystal Bridges Museum of American Art when you take on the 40-plus miles of trails at **SLAUGHTER PEN**. ➤

📍 SLAUGHTER PEN TRAILS, BENTONVILLE



MOUNTAIN BIKING

OUACHITA MOUNTAINS

In the Ouachitas, you'll find two other Monument Trail options. Just minutes from downtown Little Rock, you can shred at **PINNACLE MOUNTAIN STATE PARK MONUMENT TRAILS**. Here you'll find 16 miles of premier singletrack. Gravity riders will fall in love with **MOUNT NEBO STATE PARK MONUMENT TRAILS**, a scenic plunge with available shuttle services tailored toward intermediate and advanced riders. You'll also find over five miles of green-rated trails for less-experienced riders at this site.

The first **IMBA EPIC TRAILS** in Arkansas were constructed near **HOT SPRINGS**. The **WOMBLE TRAIL** and **LAKE OUACHITA VISTA TRAIL (LOViT)** were designated in 2005. More recently, a 108-mile portion of the **OUACHITA NATIONAL RECREATION TRAIL** joined the club. These are beautifully scenic backcountry rides through the Ouachita Mountains and Ouachita National Forest. The trail features here are less man-made, more natural.

At nearby **NORTHWOODS TRAILS**, the opposite is true. Located just five minutes from downtown Hot Springs, Northwoods feels like another planet. Designed for flow and variety, this is where they keep the jumps! Riders of every skill level can find a challenge here, whether it's big air, tight berms or technical rock riding.



WANT A FIRST-HAND LOOK AT WHAT IT'S LIKE TO RIDE ARKANSAS TRAILS? SCAN THIS CODE TO WATCH FAMED CYCLIST MARK MATTHEWS AS HE RIDES THE NATURAL STATE.



📍 PINNACLE MOUNTAIN STATE PARK, LITTLE ROCK



📍 MOUNT NEBO STATE PARK, DARDANELLE

GRAVEL GRINDING

The **ARKANSAS DELTA** turns gravel riding into a cultural experience, and the lack of elevation makes for a chill ride. Need more of a challenge? Keep going, because these trails go on forever. The **SUNKEN LANDS CULTURAL ROADWAY** is 52 miles of historic stops, including the classic **WILSON CAFE**, that begins and ends in **TYRONZA**. Only half its eventual length, the **DELTA HERITAGE TRAIL** is currently a scenic 44-mile trek under trees and over water that will eventually stretch from **ARKANSAS CITY** to **HELENA-WEST HELENA**.

In **NORTHWEST ARKANSAS**, Rural Recreation Roads seeks to connect gravel riders with the routes less traveled by offering ideas for gravel excursions that will take you to scenic paths as well as in town hubs.

ROAD CYCLING

An urban environment that quickly gives way to water and wilderness, **LITTLE ROCK** is known for some of Arkansas' most spectacular road cycling. **THE CENTRAL ARKANSAS TRAIL SYSTEM** is 88 miles and connects 38 parks, six museums and the popular River Market District, among many other attractions. The **ARKANSAS RIVER TRAIL** is a 17-mile loop featuring the longest dedicated cycling bridge in North America, the Big Dam Bridge. Nearby **WYE MOUNTAIN LOOP** is a 37-mile beauty that begins and ends at **PINNACLE MOUNTAIN STATE PARK**. 

📍 ARKANSAS RIVER TRAIL, LITTLE ROCK

